

# THE MESSENGER GIRLS



**Starring Sarah Hills, Kim Gregory and Jenni Horn**

■ Calling all businesses that want us to trial run their services. Each week we will be featuring a mix of fashion, health, beauty and competitions. If you would like to be featured on this page, contact us. Also, let us know what's hot and what's not. Contact us at: Messenger Girls, Medway Messenger, Medway House, Ginsbury Close, Sir Thomas Longley Road, Medway City Estate, Strood, Kent ME2 4DU. We can also be e-mailed at: [messengergirls@thekmgroup.co.uk](mailto:messengergirls@thekmgroup.co.uk) We look forward to hearing from you!



■ **Competition winner, Mary Rose is all set for the makeover to begin** pd1161461



■ **Mary meets style consultant Karen MacPhee** pd1161461



■ **Mary with Karen MacPhee (centre) and Deborah Turner at M&S in Hempstead Valley** pd1158157



■ **Louise and Keith Owen of Ohd salon, in Rainham, get to grips with Mary's new hairstyle** pd1161528

## The raising of Mary Rose



A SHRINKING violet has bloomed into a confident young woman – and all it took was a great new outfit, fabulous hair and some tender, loving care,

Single mum Mary Rose, 27, entered our New Year, New You competition in January and just a few weeks later has been given a great new look with the help of experts.

Mary, an artist from Lordswood, who has a three-year-old daughter called Cherish was desperate for our help to find a look she could be proud of when she attends exhibitions to sell her work.

In her entry form, she said: "I find it totally impossible to put clothes together, especially colours. It's not just me who suffers – I have the same problems dressing my daughter!"

"I am an artist and have just started having exhibitions. There have been a few opening nights where I have wanted to look as good as my art and feel proud and confident, but I have ended up feeling rubbish and not wanting to socialise, no matter how hard I try to prepare.

"I'd like to have utter confidence and look on the outside, how I feel on the inside rather than feeling washed-out and uncomfortable."

Mary also admitted not having been to see a hairdresser for 10 years.

But this prize has changed her into a new woman. She was given a hair makeover by Louise and Keith Owen at Ohd salon in Rainham and a style consultation and shopping trip with Karen MacPhee and Deborah Turner, from Hamlyn Nash style consultants. Hempstead Valley Shopping Centre, where the girls

### CONTACT DETAILS

■ Hamlyn Nash - 07857 029630 [team@hamlynnash.co.uk](mailto:team@hamlynnash.co.uk)

■ ohd - 01634 232345

■ Hempstead Valley Shopping Centre - 01634 387076

[www.hempsteadvalley.co.uk](http://www.hempsteadvalley.co.uk)



went shopping, gave £150 for the new outfits.

And to bring it all together, Mary went along to ohd salon to have her hair done and wear the clothes for a fashion shoot to show off her new look.

She said: "I can't believe how different I look and feel. I might walk past a mirror and not recognise myself. This prize has been fantastic and I've really enjoyed myself."

Karen and Deborah have also noticed a change in Mary since they met her a few weeks ago. Karen said: "When we first met her she was lacking in confidence and wasn't too sure about trying new colours, but now, she is a totally different person."

"She is confident, and looks amazing with her lovely new hair and clothes – it's been great working with someone who it has made such a difference to."



■ **Competition runner-up Daphne Ross is presented with flowers, courtesy of M&S, by Louise Owen**

Pictures: Jim Rantell and Barry Crayford pd1161523



### SURPRISE GIFT: Daphne's delighted with bouquet

Runner-up Daphne Ross from Century Road, Rainham, was our runner-up and was given a beautiful bouquet, courtesy of Marks and Spencer at Hempstead Valley Shopping Centre. But Daphne had no idea she was about to be presented with them.

Her husband and daughter took her to the salon to collect them while out on

a shopping trip so it was a complete surprise.

Daphne said: "It's wonderful. I didn't know I was a runner-up. We were in Rainham and stopped outside the salon, which I thought was a bit strange. Then we all went in and I was presented with the flowers.

"They are beautiful."

■ **The makeover is complete and here is the new-look Mary – looking and feeling fantastic**

pd1161533

